THE RHEUMATISM SOCIETY OF THE DISTRICT OF COLUMBIA

PRESENTS

Ultrasound For Rheumatologists: Wrists, Hands, Ankles and Feet

October 5, 2019

Georgetown University School of Medicine
Integrated Learning Center
3900 Reservoir Rd NW
Washington DC, 20007

Program Director
Daniel R. Bunker, MD RhMSUS

Co-Director
Paul J. DeMarco, MD FACP FACR RhMSUS
FACULTY

PROGRAM DIRECTOR
Daniel Bunker, MD RhMSUS
Assistant Professor of Medicine
Georgetown University School of Medicine
Division of Rheumatology
Washington, DC

PROGRAM CO-DIRECTOR
Paul J. DeMarco, MD FACP FACR RhMSUS
Partner, Arthritis & Rheumatism Associates PC
Medical Director, The Center for Rheumatology and Bone Research
Clinical Associate Professor of Medicine
Georgetown University School of Medicine
Washington, DC

PRESENTING FACULTY
Jay B. Higgs, MD FACP FACR RhMSUS
Professor of Medicine
Uniformed Services University of the Health Sciences
Bethesda, MD

Gurjit Kaeley, MD FACR RhMSUS
Professor of Medicine, Department of Medicine
Chief, Division of Rheumatology and Clinical Immunology
Medical Director, Musculoskeletal Ultrasound Program University of Florida
Gainesville, FL

Eugene Y. Kissin, MD FACR RhMSUS
Associate Professor of Medicine
Department of Medicine, Boston University School of Medicine
Boston, MA

Minna J. Kohler, MD FACR RhMSUS
Director, Rheumatology Musculoskeletal Ultrasound Program
Massachusetts General Hospital
Division of Rheumatology, Allergy, Immunology
Instructor in Medicine, Harvard Medical School
Boston, MA

Daniel Malone, MD FACR RMSK
Rheumatology, Osteoporosis, and Musculoskeletal Ultrasound
President, Wisconsin Rheumatology Association
Clinical Associate Professor of Medicine-Rheumatology
Medical College of Wisconsin
Milwaukee, WI

Jonathan Samuels, MD FACR RhMSUS
Associate Professor of Medicine, NYU School of Medicine
NYU Center for Musculoskeletal Care
New York, NY
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<td>7:45-8:30 am</td>
<td>JOINT Didactic: Introduction to Ultrasonography and Image Generation</td>
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<td>Jonathan Samuels, MD</td>
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<tr>
<td></td>
<td>1. The different types of ultrasound</td>
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<td>2. The basic terminology of ultrasound imaging as it pertains to equipment</td>
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<td>3. The basic terminology of ultrasound imaging as it pertains to the musculoskeletal system</td>
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<td>8:30-9:00 am</td>
<td>JOINT Didactic: Demonstration of the Wrist and Hand</td>
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<td>Daniel Malone, MD</td>
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<tr>
<td></td>
<td>1. anatomy of the wrist</td>
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<td>2. anatomy of the hand</td>
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<td>9:00-10:00 am</td>
<td>BREAK OUT Sessions for GROUPS A and B</td>
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<td>Didactic: Pathology of the Wrist and Hand</td>
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<td>1. Presentation of RA</td>
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<td>3. Presentation of crystalline arthropathy</td>
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<td>GROUP “B”</td>
<td>PRACTICAL: Normal Wrist and Hand anatomy</td>
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<td>Drs. Higgs, Samuels, Malone, Kaeley and Kohler</td>
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<td>To Cover:</td>
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<tr>
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<td>1. Anatomy of the wrist</td>
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<td>2. Anatomy of the hand</td>
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<td>10:00-10:15 am</td>
<td>COFFEE BREAK</td>
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AGENDA - A.M/P.M.

10:15-11:15 am  
BREAK OUT Sessions for GROUPS A and B

**GROUP “B”**

Didactic: Pathology of the Wrist and Hand  
Eugene Kissin, MD

To Cover:
1. Presentation of RA
2. Presentation of SpA
3. Presentation of crystalline arthropathy

**GROUP “A”**

PRACTICAL: Normal Wrist and Hand anatomy  
Drs. Higgs, Samuels, Malone, Kaeley and Malone

To Cover:
1. Anatomy of the wrist
2. Anatomy of the hand

11:15-12:45 pm  
JOINT SESSION: Practical demonstration of the abnormal Wrist and Hand

All faculty; rotating groups 1-5

To Cover:
1. sonopathology of the hand in RA
2. sonopathology of the hand in SpA
3. sonopathology of the hand in crystalline arthropathy
4. sonopathology of the wrist in RA
5. sonopathology of the wrist in SpA
6. sonopathology of the wrist in crystalline arthropathy

12:45-1:15 pm  
LUNCH

1:15-1:45 pm  
JOINT Didactic: Demonstration of the Ankle and Foot

Gurjit Kaeley, MD

To Cover:
1. anatomy of the ankle
   a. anterior structures
   b. medial structures
   c. lateral structures
   d. posterior structures
2. anatomy of the foot
   a. dorsal structures
   b. lateral structures
   c. Medial structures
   d. Plantar structures
AGENDA - P.M.

1:45-2:45 pm  BREAK OUT Sessions for GROUPS A and B

GROUP “A”
Didactic: Pathology of the Ankle and Foot
Minna Kohler, MD
To Cover:
1. Presentation of RA
2. Presentation of SpA
3. Presentation of crystalline arthropathy

GROUP “B”
PRACTICAL: Normal Ankle and Foot anatomy
Drs. Higgs, Samuels, Malone, Kissin and Kaeley
To Cover:
1. Anatomy of the ankle
2. Anatomy of the foot

2:45-3:00 pm  COFFEE BREAK AND SNACKS

3:00-4:00 pm  BREAK OUT Sessions for GROUPS A and B

GROUP “B”
Didactic: Pathology of the Ankle and Foot
Minna Kohler, MD
To Cover:
1. Presentation of RA
2. Presentation of SpA
3. Presentation of crystalline arthropathy

GROUP “A”
PRACTICAL: Normal Ankle and Foot anatomy
Drs. Higgs, Samuels, Malone, Kissin and Kohler
To Cover:
1. Anatomy of the ankle
2. Anatomy of the foot

4:00-5:30 pm  JOINT SESSION: Practical demonstration of the abnormal Ankle and Foot

All faculty; rotating groups 1-5
To Cover:
1. sonopathology of the ankle in RA
2. sonopathology of the ankle in SpA
3. sonopathology of the ankle in crystalline arthropathy
4. sonopathology of the foot in RA
5. sonopathology of the foot in SpA
6. sonopathology of the foot in crystalline arthropathy
PROGRAM DESCRIPTION

This one-day course in practical use of ultrasound is designed to provide an introduction to ultrasound image production, followed by in-depth didactic sessions of normal anatomy, sonoanatomy and rheumatic based pathophysiology of the wrist, hands, ankles and feet. The major rheumatic conditions will include rheumatoid arthritis (RA), spondyloarthropathies (SpA) and crystalline associated arthropathies. Each didactic will be paired with a hands-on session proctored by a rheumatologist recognized as an expert in this field, as recognized by the American College of Rheumatology.

TARGET AUDIENCE
This conference is intended for rheumatologists, internists, primary care physicians, physician assistants and nurse practitioners.

LEARNING OBJECTIVES
1. Effectively identify the necessary elements for image generation and equipment programming needed for the use of ultrasound in clinical practice.
2. Identify hand anatomy and its representation by ultrasound (sonoanatomy) and collect such information with the use of ultrasound in the course of clinical practice.
3. Identify ankle and foot anatomy and its representation by ultrasound (sonoanatomy) and collect such information with the use of ultrasound in the course of clinical practice.
4. Analyze the current literature on sonopathophysiology of the hand, foot, and ankle as it relates to disease states specific to rheumatologists (RA, SpA, crystalline arthropathies).

ACCREDITATION
In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

CREDIT DESIGNATION
MedStar Health designates this live activity for a maximum of 9.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTRATION INFORMATION
Fees
Physician-Non-Fellows $200.00
Fellows - Free of charge with letter of support from Program Director
Allied Health $200.00

REGISTRATION
Please complete a registration form and return via email to esauro@arapc.com, Fax attn.: Ethel Linares Sauro 301.929.4126 or print and mail to the address listed on the form: You will receive a confirmation via email. RSVP by no later than October 1, 2019. Please contact Ethel Linares Sauro if you have a request for a special accommodation. 301.929.4118.
THE RHEUMATISM SOCIETY OF THE DISTRICT OF COLUMBIA

Ultrasound for Rheumatologists: Wrists, Hands, Ankles, and Feet

October 5, 2019

REGISTRATION FORM

Please type or print legibly

Name _____________________________________________________________

Address ___________________________________________________________

City ________________________    State ____________________ Zip ______________

Telephone Number (W) ______________________ (H) ____________________________

Email ____________________________________________________________________________

Level of Experience

☐ Physician - Non-Fellows $200.00

☐ Fellows—Free w/ltr. from program director

☐ Allied Health -$200.00

☐ Advanced (RhMSUS or equivalent)

☐ Intermediate (≥ 3 prior courses)

☐ Beginner (1-2 prior courses)

☐ Intro Student (1st course)

PAYMENT INFORMATION—Fax to 301.929.4126 or email esauro@arapc.com

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Credit Card Number _________________________________________________

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Signature _____________________________   Date ________________________

If paying by check, make checks payable to The Rheumatism Society of the District of Columbia (RDSC) and mail to: The Rheumatism Society of the District of Columbia

c/o Ethel Linares Sauro

2730 University Boulevard West, Suite 1020

Wheaton, MD 20902